



September 2020 Limited Options Lunch Menu for the Primary Partners

**Week 1**

|                                    | Monday   | Tuesday  | Wednesday  | Thursday   | Friday   |
|------------------------------------|--|--|--|--|--|
| <b>Main Courses</b>                | <b>Sirius Street Food</b>  | <b>Sirius Great British Menu</b>   | <b>Sirius Carvery</b>  | <b>Sirius Curry Theme</b>  | <b>Sirius Favourites</b>   |
| <b>Main Option 1</b>               | <b>Hilcona Penne Pasta in Tomato Sauce with Cheese</b> <sup>2,7</sup><br>Served with Garlic Bread. <sup>2</sup><br><small>(Served in Squat Pot)<br/>(Vegan alternative on request)</small> | <b>Bangers &amp; Mash</b> (Chicken Sausages) <sup>2,4,7,14</sup><br>Served with Mashed Potato <sup>7</sup> , Garden Peas & Gravy.<br><small>(Served in 3 compartment meal tray)<br/>(Vegan alternative on request)</small> | <b>Roast Chicken with Yorkshire Pudding</b> <sup>2,4,7</sup> and Sage & Onion Stuffing <sup>2</sup><br><br>Served with Mixed Vegetables & Gravy.<br><small>(Served in 3 compartment meal tray)<br/>(Vegetarian alternative on request)</small> | <b>Chicken Korma</b> <sup>7</sup><br>Served with Brown/White Rice and Naan Bread. <sup>2,7</sup><br><small>(*GF if served without a Naan Bread)<br/>(Served in 3 compartment meal tray)<br/>(Vegan alternative on request)</small> | <b>Rosie &amp; Jim Chicken Goujons</b> <b>GF</b><br>Served with Chips.<br><br>Salt & Vinegar Fishless Fillet <b>VG</b> <sup>2</sup><br><small>(Served in small burger box)</small> |
| <b>Alternative Lunch Option</b>    | Packed lunch bag - Half & Half Sliced Bread. <sup>2,7,5,4</sup><br>(tuna or ham).  | Packed lunch bag - Half & Half Sliced Bread. <sup>2,7,5,4</sup><br>(tuna or ham).  | Packed lunch bag - Half & Half Sliced Bread. <sup>2,7,5,4</sup><br>(tuna or ham).  | Packed lunch bag - Half & Half Sliced Bread. <sup>2,7,5,4</sup><br>(tuna or ham).  | Packed lunch bag - Half & Half Sliced Bread. <sup>2,7,5,4</sup><br>(tuna or ham).  |
|                                    | Please choose only <b>one</b> lunch option and inform catering staff of any specialist dietary requirements.   | Please choose only <b>one</b> lunch option and inform catering staff of any specialist dietary requirements.   | Please choose only <b>one</b> lunch option and inform catering staff of any specialist dietary requirements.   | Please choose only <b>one</b> lunch option and inform catering staff of any specialist dietary requirements.   | Please choose only <b>one</b> lunch option and inform catering staff of any specialist dietary requirements.   |
| <b>Bread</b>                       | Garlic Bread. <sup>2</sup>   | N/A  | N/A  | Naan Bread <sup>2</sup>  | N/A  |
| <b>Desserts</b>                    | Please choose only <b>one</b> dessert option.  | Please choose only <b>one</b> dessert option.  | Please choose only <b>one</b> dessert option.  | Please choose only <b>one</b> dessert option.  | Please choose only <b>one</b> dessert option.  |
| <b>Main Dessert (Fruit Option)</b> | <b>Del Monte Fruit Bag</b>   | <b>Del Monte Fruit Bag</b>   | <b>Del Monte Fruit Bag</b>   | <b>Del Monte Fruit Bag</b>   | <b>Del Monte Fruit Bag</b>   |
| <b>Alternative Dessert Options</b> | Yoghurt <sup>7</sup> <b>V</b>  | Jelly <b>V</b>   | Delight (Whip) <sup>7</sup> <b>V</b>   | Wicked Chocolate Brownie Bar <sup>2,4,7,13</sup> <b>V</b>  | Choc Ice <sup>7,13</sup> <b>V</b>  |

**The Food Information Regulation 2014 - Provision of allergen information**

If you have any allergies or food intolerances, please disclose to a member of the catering staff, who will then advise you of options that are appropriate for your needs.



Fruit is the main dessert option. Milk or water is served with all meal meals.

**V** – Suitable for Vegetarians **VG** – Suitable for vegans **GF** – Gluten Free

Menu options are subject to change. All food will be served in sealed packaging. All packaging is compostable, apart from the black segmented meal containers.